

FIVE PILLARS OF DOG ENRICHMENT



SENSORY

Sensory enrichment meets the essential needs of the animal such as sight, smell, hearing, feeling and tasting. Food puzzles and other toys are great for sensory enrichment.



AGENCY

Most of our dogs environment is controlled by us. Allowing your dog to have small choices about their day helps to give them autonomy. Example- allowing your dog to decide which way to go on a walk.



SAFETY

All dogs need the perception of safety. If your dog does not feel safe they will not be able to be emotionally content and happy. Naps and deep REM sleep are an important pillar of dog enrichment.



PHYSICAL

Vet care is extremely important to your dogs well-being. In addition to this all dogs should be kept comfortable by having regular nail trims and grooming.



LEARNING

Try letting your dog learn something new every single day. This doesn't have to be a trick, but rather allowing them to smell a new smell, see a new object, or taste something new.